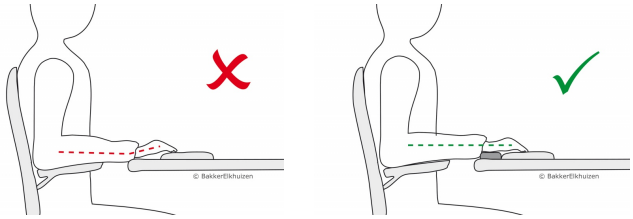
erarm Support Ergoslider Premium



Tailor-made: Ergoslider Premium fits neatly in the arm support.

Ergonomic: supports the arms and helps reduce muscular strain in the neck and shoulders

Asymmetrical: extra wide arm support so that the arms are supported both during typing and when using a mouse

Simple mounting: bracket on the desk top (drilling not required) and two adjusting screws so that the support can be adjusted to the thickness of the desk top (between 10 and 35 mm)

Specifications

Dimensions:	680 x 20 x 270 mm (W x D x H)
Weight:	2838 g
Product code:	BNEUASEPRAS

Research

When working with a keyboard and mouse it is important that the arm is sufficiently supported. This can be done by using a good armrest on the desk chair or a separate armrest. A armrest reduces muscle tension in one's arm and shoulder and promotes comfort. A wrist support helps to keep the wrist straight during typing and can be used "to rest"` for a moment during one's work.

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1. Adjustable

2. Asymmetrical

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